



TORTILLA PIZZA

CHOOSE YOUR OWN TOPPINGS

MAIN INGREDIENTS:

- Wholegrain tortilla wraps
- Tomato Pureé
- 40g Extra mature cheddar cheese
- Rocket
- Salt and Pepper

Possible Toppings:

- Chorizo
- Mushroom
- Pineapple
- Parma Ham
- Roast vegetables
- Peppers
- Egg

METHOD:

1. Preheat the oven to 150 degrees.
2. Get a wrap from your packet and spread the tomato pureé around it.
3. Sprinkle your cheese (ideally grated) on the wrap.
4. Add your other desired toppings
5. Place in the oven for 15mins
6. Remove, slice and serve adding any extra last minute toppings (rocket, parma ham)

HOW MANY SHOULD I HAVE?

I am the worst advert when it comes to portion control - I would happily open a packet or wraps and keep eating until they were gone!

However, we are healthy humans so isn't the best tactic.

I would recommend making no more than 2 per person. Being conscious of your toppings.